

# Grilled Trout with Zucchini & Herb Aioli

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## Ingredients

6 Trout Fillets  
3/4 cup mayonnaise  
1/4 cup chopped fresh flat leaf parsley  
1 tsp lemon zest  
1/4 tsp anchovy paste (optional)  
3 zucchini, halved & cut into 1/2 inch slices  
2 tbsp olive oil  
Coarse sea salt or kosher salt  
Fresh ground black pepper

## Directions

Combine mayo, parsley & lemon zest in a small bowl. Add anchovy paste, if desired. Chill until ready to serve.

Brush zucchini and trout with olive oil, and sprinkle with sea salt and pepper. Grill zucchini 3-4 minutes per side. Grill fillets over high heat for 2 minutes. Turn and grill 3-4 more minutes. Serve with the herb aioli.

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