Baked Snapper Fillet with Garlic

Ingredients

1 lb Snapper Fillet

4 tbsp butter

1 medium clove garlic

3-4 drops Worcestershire sauce

1/2 tsp Cajun seasoning

1/8 tsp fresh black pepper

1-2 tsp fresh parsley, minced

1 tsp chives, optional

3-4 tsp bread crumbs, plain or sea-

soned

2 tbsp parmesan cheese

Directions

Spray baking dish with nonstick cooking spray. Place fish in dish.

In skillet, melt butter with garlic, Worcestershire, Cajun seasoning, pepper, parsley and chives. Cook on low 2 minutes, just to blend flavors.

Brush both sides with herb butter mixture. Toss bread crumbs with remaining butter mixture. Sprinkle over fish.

Bake at 400° for 12 minutes or until fish flakes easily with fork.

