

Open Faced Fish Sandwich

Ingredients

1/2 lb Fresh White Fish, haddock or boston blue	2 tsp lemon juice
1/2 cup Mayonnaise	1/4 tsp salt
1/2 cup chopped watercress or lettuce	Dash of pepper
1/2 cup small curd cottage cheese	6 slices buttered toast
1/4 cup chopped walnuts	Cherry tomatoes, optional

Directions

Season fish with salt and pepper. Bake or broil for 10 minutes, or until fish flakes easily with a fork. Once fully cooked, flake fish with a fork.

Combine all ingredients and stir until mixed. Spread over toast and serve open faced with cherry tomatoes.

Get Fresh

Reading, PA

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