

Broiled Cod Fillets

Ingredients

1 lb Cod Fillets
1 tbsp olive oil
1/4 cup mayonnaise
1 tbsp Dijon-style mustard
3 tbsp grated parmesan cheese
pepper

Directions

Preheat broiler. Place fillets on lightly greased broiler pan. Brush fillets lightly with oil. Combine mayonnaise, mustard, and parmesan cheese. Spread on fillets.

Broil fish 4 inches from heat for approximately 12 minutes, or until fish flakes easily with fork.

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