Steamed Tasmanian Trout with Coconut Rice

Ingredients

1 Tasmanian Trout, cut into serving size Dipping Sauce:

pieces

- 2 cups jasmine, basmati or white rice
- 1 can light coconut milk
- 1 tbsp vegetable stock powder
- Pinch of salt

- 3 tbsp light soy sauce
- 1 tsp fresh grated ginger
- 1 tsp Sirichi sauce
- 1 lime, juiced
- 1/4 tsp sesame seed oil

Directions

In a heavy saucepan, place rice, coconut milk, vegetable stock powder and salt. Add enough water to cover the rice to the first knuckle of your index finger. Cover and cook over high heat for 5 minutes. Turn heat to very low and cook for 10 minutes. After 10 minutes, turn heat off and let sit for 20 minutes.

Meanwhile, place fish into steamer insert and place over boiling water and steam for about 5-10 minutes, depending on desired level of doneness.

Combine the soy sauce, ginger, sirichi sauce, lime juice and sesame seed oil in a small bowl. Serve fish over rice and drizzle with sauce.

